

Yenepoya Specialty Hospital achieves a milestone of 300+ robotic Joint replacement, expands into robotic surgeries across multiple specialties

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Mohammed Kunhi**
Managing Director



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Abdulla Kunhi**
Chairman



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Director - Operations

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MESSAGE FROM MEDICAL DIRECTOR

It gives me immense pleasure to present to you the latest edition of YSH Times, capturing the milestones and achievements of the past six months. This year has been a landmark one for Yenepoya Specialty Hospital as we achieved the remarkable milestone of completing over 300 robotic joint replacement surgeries. This achievement highlights our commitment to innovation and excellence in patient care, reaffirming our position as a leader in advanced surgical techniques. Another significant accomplishment is the successful completion of our 5th edition NABH reassessment. This milestone underscores our continuous pursuit of quality and safety standards, ensuring that our patients receive the best possible care in a safe and ethical environment. This newsletter is a celebration of the collaborative efforts of our doctors, nurses, administrative staff, and every individual who contributes to the growth of Yenepoya Specialty Hospital. I am grateful for your unwavering trust and support, which inspires us to reach new heights. As we close this chapter of the year, let us step into the new year with renewed energy, enthusiasm, and a shared vision to make healthcare more accessible, advanced, and compassionate.



Dr. Muhammad Tahir
Director - Medical



MIND MATTERS IN CHRONIC ILLNESS

A 22-year-old man suffering from Type I diabetes from his teenage came to the consultation

distraught that he will never get a life partner as he must carry his insulin pen everywhere he goes. He asked me, 'Which girl would want to live with a man who has to take an injection three times a day?

He was on the verge of depression and was skipping his insulin injections and had not visited his physician for the last few months.

As you can see in the case description living with a chronic health condition can be life-altering for the patient. Our mind and body are inseparable. Any chronic illness like diabetes, heart disease, rheumatological disorders, autoimmune disorders or cancer puts a demand on the mind and mental well-being of the individual. The experience of living with the chronic health condition influences once emotions, relationships and how one perceives themselves as an individual. Healthcare providers need to understand the psychological impact of chronic illness to offer holistic care and enhance patient outcomes.

There may be a multitude of emotional responses when an individual is given a diagnosis of a chronic health condition. Patients often describe as though they are losing control over their bodies, lives and their futures. Anxiety is a common emotional response if the symptoms are unpredictable. Patients may worry about the course of illness, progression and possibility of disability. Financial stress due to medical expenses and adverse effects from treatment may add to the worries. Feelings of grief and sadness arise due to a change in the person's lifestyle and identity, especially loss of independence and normalcy. If there are physical limitations, then the individual may withdraw from social activities and experience isolation and loneliness.

Family members and friends may also feel strained by care giving responsibilities. Patients themselves may feel like a burden on their loved ones. This leads to resentment and change in family dynamics and relationships.

Patients may also struggle with changes in self-image as their confidence gets dented by physical symptoms, dependence on others and inability to be productive and efficient in their job.

These influences on emotional life, relationships and self-esteem may make the individual vulnerable to develop psychological distress or exhibit frank signs of psychiatric disorders like depression and anxiety disorders.

Ignoring the psychological impact of chronic illness may lead to poor adherence to medication and lifestyle changes, poor follow-up and in turn influence outcomes.

Integrating mental health support into care of chronic illness can be done by routine mental health screening, referral for counselling services, encouraging participation in patient/caregiver support groups and liaising with the psychiatrist.

Chronic illness is sometimes a lifelong journey. Understanding the emotional and psychological aspects would ensure better quality of life and enhance outcomes for the patients.



Dr Ravichandra Karkal

Consultant Psychiatrist

Yenepoya Specialty Hospital
Kodialbail, Mangalore

Yenepoya Specialty Hospital Achieves Milestone of **300+ Robotic Joint Replacements**, Expands into Robotic Surgeries Across Multiple Specialties



Yenepoya Specialty Hospital, has successfully completed over 300 robotic-assisted joint replacement surgeries, solidifying its position at the forefront of surgical innovation. With a commitment to advancing patient care through precision technology, the hospital is now expanding its robotic surgery capabilities into other critical medical disciplines, including gynaecology, oncology, urology, and gastrointestinal surgeries. Robotic-assisted surgery has revolutionized the way complex procedures are performed, offering greater precision, faster recovery times, and less invasive techniques compared to traditional surgeries. The hospital's robotic joint replacement program led by Dr Deepak Rai has already demonstrated significant success, improving outcomes for patients with

conditions like arthritis, joint degeneration, and severe trauma, while also minimizing the risk of complications.

Building on this success, the hospital is now broadening its robotic expertise to include a wide range of specialties. The expansion into robotic surgeries in gynaecology, oncology, urology, and gastrointestinal disciplines underscores the hospital's commitment to enhancing surgical care with cutting-edge technology.

The move is part of the hospital's strategic vision to become a Centre of Robotic Excellence, offering a comprehensive suite of minimally invasive, precision-driven procedures. This expansion promises to further improve patient outcomes, reduce hospital stays, and enhance recovery times across various high-demand specialties.

By investing in the latest robotic technologies and training a team of highly skilled surgeons, Yenepoya Specialty Hospital continues to set new standards in surgical care. The hospital's dedication to embracing innovation reflects its ongoing mission to provide the best possible outcomes for patients, ensuring they receive world-class treatment across a growing range of medical fields.

"TOGETHER TOWARDS EXCELLENCE IN HEALTHCARE" - NABH 5th Edition Reassessment Excelled.



Yenepoya Specialty Hospital has achieved another significant milestone by successfully completing the 5th Edition Reassessment conducted by the NABH Board. This accomplishment reflects the hospital's unwavering dedication to maintaining excellence in healthcare delivery and continuous quality improvement. The tenacious support of our esteemed Medical Director, Dr. Muhammad Thahir, played a pivotal role in establishing a strong foundation for success. Coupled with the dedication and commitment of the entire hospital staff and consultants, Yenepoya Specialty Hospital successfully completed the rigorous reassessment process. The process

involved multiple internal audits, extensive staff training, and the collaborative efforts of the entire team.

The onsite assessment, conducted from October 11, 12 & 13, 2024, under the leadership of Principal Assessor Dr. Angel Rajan Singh and co-assessors Dr. Anitha Babu and Dr. Fabiola Mercy Dhanaraj. Assessors not only highlighted areas for improvement but also recognized the hospital's strengths and good practices.

Doctor **Speaking**

Dr Deepak Rai's insightful talk on

ROBOTIC KNEE REPLACEMENT & AI AT IMA HOUSE



On July 7, 2024, Dr. Deepak Rai, Robotic Joint Replacement & Arthroscopy surgeon, from Yenepoya Specialty Hospital delivered an enlightening talk on "Robotic Knee Replacement: Artificial Intelligence with a Human Touch" at the IMA House. This event was part of the Doctors' Day celebration, organized by the Indian Medical Association (IMA) Mangalore branch in collaboration with Yenepoya Specialty Hospital. Dr. Rai's presentation, enhanced by a fantastic PowerPoint, captivated the audience of esteemed doctors. His talk highlighted the

significant benefits of robotic surgery over conventional methods, emphasizing precision, reduced recovery time, and improved patient outcomes. Additionally, he delved into the latest advancements in artificial intelligence within the medical field, showcasing how AI is transforming healthcare by providing personalized and efficient care. The presentation was met with resounding applause, reflecting the appreciation and enthusiasm of the attendees for the promising future of medical technology.



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Performance Excellence Award for the Department of Laboratory



The Department of Laboratory at Yenepoya Specialty Hospital has been recognized for its outstanding contributions to the hospital's operations with the prestigious Performance Excellence Award. The award was presented by the hospital management in recognition of the department's exceptional performance during the first half of 2024.

The lab team led by their Director - Lab services, Dr Khalida & Quality Manager, Mr Gireesh Nayak, received the award

certificate for their tireless commitment to quality, efficiency, and patient care. Under the leadership of Dr Khalida & Mr Gireesh, the department has consistently demonstrated excellence in laboratory services, ensuring accurate and timely test results that support crucial medical decisions.

The lab team's achievements include improved turnaround times for critical tests, implementation of new quality control measures, and a continued focus on patient safety. Their dedication to maintaining high standards, even in the face of challenges, has made a significant impact on the overall quality of care provided by the hospital.

The Performance Excellence Award serves as a recognition of the lab's hard work, collaboration, and commitment to providing exceptional service to both patients and healthcare providers. Management expressed their gratitude to the entire team, noting that the laboratory's consistent performance was a key contributor to the hospital's overall success.

This recognition highlights the ongoing commitment of Yenepoya Specialty Hospital to fostering a culture of excellence across all departments, ensuring the best possible outcomes for patients.

Congratulations, Team Laboratory, Keep up the Good work

New Hope for Patients Suffering from Knee Pain Due to Osteochondral Lesion.

Yenepoya Specialty Hospital, Kodialbail, Mangalore, is proud to announce the first-ever Episealer Knee Implant in South India, performed on June 30, 2024. This groundbreaking surgery was conducted by Dr. Deepak Rai, a certified Robotic Joint Replacement and Arthroscopy Surgeon, along with Prof. Leif Ryd, former Professor at the Karolinska Institute in Stockholm and Founder of Episurf Medical AB. On 6th July 2024, Dr. Deepak Rai, Chief Robotic Joint Replacement and Arthroscopy Surgeon at the hospital, Dr Muhammad Thahir, Director-Medical of the hospital and Mr. Mohan Nair, Managing Director of Episurf India Pvt. Ltd., addressed the media on this significant advancement in orthopedic surgery.



Hospital News

An insightful awareness session on organ and body donation



was recently conducted by Yenepoya Specialty Hospital in association with Yenepoya Medical College on 31st July 2024 at the National Bank for Agriculture and Rural Development (NABARD). The event aimed to educate NABARD employees about the critical importance of organ and body donation in saving lives and advancing medical research. The awareness talk was delivered by Dr MH Shariff, Prof-Pathology & Dr Qudusia Sultana, Prof-Anatomy, Yenepoya Medical College.

The talk covered various aspects of organ donation, including the process, eligibility criteria, and the significant impact it can have on individuals in need of transplants. The speakers emphasized that organ donation is a noble act of compassion that can help restore health and bring hope to those suffering



from life-threatening conditions. They also highlighted the fact that organs such as kidneys, liver, heart, and corneas can be donated, as well as the potential to donate one's body for medical education and research after death.

The session addressed common myths and misconceptions surrounding organ and body donation, stressing that the donation process is carried out with respect and dignity.

Overall, the awareness talk at NABARD was a step forward in spreading knowledge and fostering a culture of generosity and selflessness, urging individuals to consider the life-saving benefits of organ and body donation. The hospital's initiative was appreciated for its role in creating a more informed and compassionate society.

On the occasion of India's 78th Independence Day



Yenepoya Specialty Hospital hosted a special celebration on its premises, bringing together its dedicated staff to honor the nation's journey to freedom. The event, which was held in the hospital's main courtyard, was marked by a flag hoisting ceremony, patriotic songs, and speeches by senior medical staff, emphasizing the significance of independence and the



hospital's commitment to serving the nation's healthcare needs.

The hospital's Assistant Nursing Superintendent, Mrs Lalitha, hoisted the national flag, and the gathering of the Medical director, doctors, nurses, paramedics, and administrative staff stood united in singing the national anthem.

Hospital News

Awareness Talk on Employees Provident Fund (EPF) and Employees State Insurance (ESI) Held at Yenepoya Specialty Hospital



In a bid to enhance financial security and welfare for its employees, Yenepoya Specialty Hospital hosted an informative session on the Employees Provident Fund (EPF) and Employees State Insurance (ESI) in association with Employee Provident Fund Organisation, Regional office, Mangalore on 27th Aug 2024. The talk, conducted by a dedicated team from the EPF headed by the EPFO commissioner, Mr Unnikrishnan, aimed to raise awareness about the benefits, provisions, and procedures associated with these essential social security schemes.

The session provided staff with valuable insights into how EPF works as a long-term savings plan, ensuring employees have financial support post-retirement. The EPF team explained the contribution structure, interest rates, and the process of withdrawing funds. The talk also covered the importance of regular contributions, the eligibility criteria, and the impact of EPF on an individual's retirement planning.

In addition to EPF, the team also discussed the Employee State Insurance (ESI) scheme, highlighting the medical and financial benefits it provides in case of illness, accidents, or maternity. Employees were informed about the procedures for registering, claiming medical benefits, and utilizing other facilities under the ESI Act.

The hospital staff actively engaged in the discussion, with many asking questions about how to optimize their contributions and navigate the online services available through the EPF and ESI portals.

This awareness initiative was part of the hospital's ongoing efforts to promote employee welfare and ensure that all staff are well-informed about their rights and entitlements under these social security programs.

Social News

Vaccination Drive at a Leading Cashew Industry: A Collaborative Health Initiative



In a significant step towards ensuring the well-being of its workforce, a leading cashew industry in the city recently hosted a vaccination drive for its employees. The initiative was organized in collaboration with Yenepoya Specialty Hospital, providing medical staffs to administer the vaccines & Doctor to carry out the health check-up screening for all staff members working at the facility.

The drive aimed at boosting immunity among workers, especially given the ongoing health concerns, and was a part of the company's commitment to safeguarding the health of

its employees. On the day of the event, a team of medical professionals, including general physicians and nursing staff, were stationed at the industry to administer the vaccines. In addition to the vaccination, a health check up screening was conducted for all participants, with general physicians assessing vital signs and addressing any medical concerns the staff may have had.

The medical team ensured that each worker was comfortable and well-informed about the vaccine, addressing any questions or doubts, and providing post-vaccination care instructions. The event was organized efficiently, with minimal disruption to the daily operations of the industry, and was widely appreciated by the staff.

This health initiative not only protected the workers but also reinforced the industry's responsibility toward employee welfare, promoting a culture of care and responsibility. By prioritizing the health of its workforce, the company has set a positive example for other industries to follow, underlining the importance of health and safety in the workplace.

Onam Celebration at the Hospital: A Day of Unity, Fun, and Tradition



The hospital's conference hall turned into a vibrant hub of tradition and joy as the staff gathered to celebrate the auspicious festival of Onam. The event was a colorful and heartwarming affair, bringing together doctors, nurses, administrators, and support staff for a day of fun, culture, and community spirit.

The celebration began with an informative session where the significance of Onam was shared with everyone.

Staff members Learn't about the rich history and cultural importance of the festival, which marks the annual homecoming of the legendary King Mahabali, a symbol of prosperity, equality, and harmony. The hospital's celebration emphasized values of togetherness and unity, much like the essence of the festival itself.

In keeping with the tradition, all the staff members wore vibrant ethnic attire, with women donning sarees and men in mundus and dhotis. This added a touch of authenticity to the event and set the stage for the festivities.

The highlight of the celebration was the series of fun games and cultural performances. The conference hall was buzzing with energy as staff participated in fun games.

Cultural performances, including traditional Kerala dances and folk songs, further enlivened the atmosphere, showcasing the artistic richness of the region.

The Onam celebration at the hospital not only provided a much-needed break from the usual routine but also strengthened the bonds among the staff, making it a memorable and meaningful occasion.

Basic Health Quiz Test Your Knowledge!

1. Question: What is the recommended amount of water an average adult should drink daily?
2. Question: Which vitamin is primarily produced by the body when exposed to sunlight?
3. Question: How many hours of sleep is generally recommended for adults each night?
4. Question: What is the best type of exercise for heart health?

Answers:

- 1) 8 glasses (about 2 liters or 64 ounces). | 2) Vitamin D.
3) 7-9 hours. | 4) Cardiovascular exercise, like walking, running, or cycling.



Social News

Basic Life Support Training for Fitness Instructors at Kasharp Fitness Centre



A leading fitness centre in the city recently hosted a comprehensive Basic Life Support (BLS) training session for its fitness instructors, in collaboration with Yenepoya Specialty Hospital on 12th Sept 2024. The event was aimed at enhancing the instructors' ability to respond effectively during medical emergencies that may arise during physical training sessions.

The training, which took place at the fitness centre's state-of-the-art facilities, included a hands-on demonstration of Cardiopulmonary Resuscitation (CPR) techniques, along

with an awareness talk on rapid life-saving measures. The session emphasized the importance of immediate action in emergency situations, such as heart attacks, choking, or sudden cardiac arrests, all of which can occur in high-intensity fitness environments.

The BLS training and awareness session was led by two esteemed medical professionals: Dr Priya Naik, Consultant Anaesthetist & Intensivist and Dr Vinayak Nayak, Consultant Cardiac Anaesthetist along with the Deputy Nursing Superintendent of the hospital, Mrs Mary AT. Their expert guidance ensured that fitness instructors understood not only the technical aspects of CPR and first aid, but also how to stay calm and composed under pressure when handling life-threatening situations.

By equipping fitness instructors with these vital skills, the fitness centre aims to ensure the safety and well-being of all its members, fostering a safer workout environment. This initiative reflects the growing trend of integrating health and safety awareness within the fitness industry, ensuring that fitness professionals are prepared to act swiftly and efficiently in times of medical emergencies.

Mental Health Workshop at Kasharp Fitness Centre: A Step Towards Holistic Well-being



Kasharp fitness in association with Yenepoya Specialty Hospital, hosted an insightful mental health workshop at their fitness centre, bringing crucial awareness to the often-overlooked aspect of well-being—mental health. The workshop, designed for all fitness center members, aimed to educate participants on the significance of mental health in achieving overall fitness and well-being.

The session was led by a seasoned Consultant Psychiatrist and Psychotherapist, Dr Ravichandra Karkal, who expertly outlined key elements that contribute to mental health. These included the importance of self-awareness, stress management, emotional resilience, and the impact of physical



activity on mental health. The expert emphasized how mental and physical health are deeply interconnected, noting that regular exercise not only improves physical strength but also has profound benefits for mental clarity, mood regulation, and emotional stability.

Throughout the workshop, participants were encouraged to reflect on their mental health status and given practical strategies to manage stress, anxiety, and common mental health challenges. Dr Karkal also highlighted the significance of seeking professional help when needed, fostering a supportive environment that destigmatizes mental health care.

Social News

Health Partner Role in Mangaluru International Airport's Aerodrome Emergency Exercise



Mangaluru International Airport recently conducted a full-scale aerodrome emergency exercise aimed at testing and validating its emergency response plans, procedures, systems, and facilities. This exercise, mandated by the Directorate General of Civil Aviation (DGCA), was designed to ensure the airport's readiness to handle a major emergency while maintaining operational continuity.

As part of this exercise, Yenepoya Specialty Hospital, being the health partner of the Mangaluru International Airport

trauma management, stabilization, and preparation for transport to the hospital.

This coordinated response demonstrated the preparedness of the airport's health infrastructure and medical teams in dealing with high-pressure, high-stakes scenarios. The success of such drills is vital for ensuring that, in the event of a real emergency, the airport can effectively manage all aspects of the crisis, from passenger safety to the continuity of operations.

By participating as a health partner in this exercise, the hospital not only validated its emergency response capabilities but also reinforced the critical importance of collaboration between airport authorities and healthcare providers in safeguarding public health and safety.



played a crucial role in managing the medical aspect of the simulated emergency. The hospital ambulance was promptly dispatched to the runway to attend to the casualties, ensuring that the emergency medical requirements of mock passengers were addressed swiftly and efficiently. Medical teams were stationed on-site to provide life-saving care, including initial

Hospital Partners with Leading Software Company for On-Site Vaccination Drive



In a significant move to prioritize the health and well-being of employees, Yenepoya Specialty Hospital facilitated a vaccination drive at the premises of the corporate, one of the city's leading technology firms. As the official health partner of the company, Yenepoya Specialty Hospital is offering on-site vaccinations to all employees, ensuring convenience and safety for the workforce.

The vaccination drive, which began on 17th & 18th Oct 2024, aimed to support the company's ongoing commitment to the health of its employees while helping reduce the spread of infectious diseases within the workplace. Employees can receive the vaccine during their working hours, eliminating the need to visit external clinics or healthcare centers, thus minimizing disruptions to their daily work routine.

The drive is part of a broader initiative to encourage vaccination as a key preventive measure and enhance employee well-being. The corporate has expressed its gratitude for the initiative, which complements their ongoing efforts to promote workplace health through wellness programs and preventive healthcare.

This collaborative effort between healthcare providers and businesses underscores the growing recognition of the importance of health partnerships.

Social News

Celebrating the Leadership of Chancellor, Dr Yenepoya Abdulla Kunhi, on November 14th



On November 14th, Yenepoya Specialty Hospital marks a special occasion as we celebrate the birthday of our esteemed Chancellor, Dr Yenepoya Abdulla Kunhi. A visionary leader and tireless advocate for healthcare excellence, our chancellor has played an instrumental role in shaping the institution's success and growth over the years. Under his guidance, the hospital has not only expanded its state-of-the-art facilities but also deepened its commitment to providing compassionate, patient-centered care.

A Night of Gratitude and Collaboration: Doctors' Meet 2024 Strengthens Ties Between Consultant Doctors and Management



On 15th Nov 2024, Yenepoya Specialty Hospital hosted a special Doctors' Meet, a dinner event that brought together the hospital's medical professionals and management for an evening of meaningful conversation and mutual appreciation. The gathering offered a unique opportunity for the doctors to engage directly with hospital leadership, share their feedback, and discuss important issues affecting the hospital's operations and patient care.



The evening was marked by a warm atmosphere, where doctors from various departments mingled with hospital administrators, fostering open communication and strengthening the sense of community within the institution. The event was not just a celebration of the hard work and dedication of the medical staff, but also an open forum for voicing concerns, providing insights, and exchanging ideas on ways to enhance the hospital's services.



Social News

Health Awareness Talk for Industrial Workers: Empowering the Workforce for a Healthier Future



In a commendable effort to prioritize the well-being of industrial workers, Yenepoya Specialty Hospital recently organized an insightful awareness session focused on general health and

lifestyle-related diseases. Held at Baikampady industrial area, the event aimed to equip workers with crucial information on managing health conditions commonly linked to their daily work routines and lifestyle choices. The session was led by Dr Kevin, a general surgeon and assistant professor, who brought his expertise to discuss prevalent health concerns such as diabetes, hypertension, cancer, and strokes.

The talk, attended by a large group of workers, emphasized the importance of prevention, early detection, and lifestyle changes that can significantly reduce the risks associated with these conditions. The surgeon outlined how factors like poor diet, lack of exercise, stress, and smoking contribute to the rise in lifestyle diseases among industrial workers, stressing that small changes in daily habits could make a substantial difference in improving health outcomes.



Key highlights of the session included:

Diabetes: The surgeon explained how both Type 1 and Type 2 diabetes are increasing concerns in industrial populations, urging workers to monitor blood sugar levels regularly and adopt healthier eating habits.

Hypertension: With high blood pressure being a silent killer, workers were encouraged to keep track of their blood pressure levels and maintain a balanced lifestyle with regular physical activity and stress management techniques.

Cancer: The surgeon provided insights into the early signs of various cancers, particularly those more prevalent in industrial settings, and advocated for regular screenings and self-examinations to catch potential issues early.

Strokes: The session highlighted stroke prevention strategies, such as controlling high blood pressure and

avoiding smoking, and emphasized the importance of swift medical attention at the first sign of a stroke.

By educating the workforce on these critical health issues, the hospital aims to foster a culture of prevention, ultimately reducing the impact of lifestyle-related diseases and enhancing the quality of life for industrial workers. Such initiatives play a vital role in promoting a healthier, more productive workforce, both in the industrial sector and beyond.

The hospital's efforts are a step toward improving the overall health infrastructure for workers, ensuring that they not only excel in their professional roles but also lead healthier, happier lives outside of work.

Yenepoya Specialty Hospital's Role as a Health Partner: Ensuring Safety at St Aloysius PU College, Sports Day



In an effort to promote student safety and well-being, Yenepoya Specialty Hospital partnered with St Aloysius PU College during their highly anticipated sports day, providing essential ambulance and paramedic support. As sporting events often carry the risk of injuries, from minor sprains to more serious trauma, this collaboration ensured that immediate medical attention was readily available for students, faculty, and spectators alike.

Sports events, while promoting physical health and camaraderie, can also present an array of risks. The fast-paced nature of competitions, coupled with intense physical activity, makes on-site medical readiness crucial. Yenepoya Specialty Hospital's dedicated team of paramedics, along with an

equipped ambulance stationed at the event, ensured a swift response to any medical emergencies that arose throughout the day.

The partnership reflects a commitment to community health, reinforcing the hospital's role not just in treatment but in prevention and preparedness.

Having healthcare professionals present during such events significantly reduces response times in the event of an injury or emergency, which is critical to minimizing potential complications.

With a dedicated team of paramedics on standby and immediate transport to the hospital available, students and staff enjoyed the day with peace of mind, knowing that expert care was only moments away. This collaboration highlights the importance of hospitals working alongside educational institutions, creating a safe and supportive environment for students to engage in extracurricular activities without fear of injury-related risks.

In conclusion, Yenepoya Specialty Hospital proved to be a vital health partner for St Aloysius College's sports day, underlining the importance of preparedness in school sports events. By prioritizing medical support, they ensured that the day remained enjoyable and safe, fostering both the spirit of competition and the well-being of everyone involved.

Health and Wellness Word Search Puzzle

Word List:

- Doctor
- Patient
- Hospital
- Wellness
- Recovery
- Heart
- Exercise
- Clean
- Sleep

H	O	S	P	I	T	A	L	G	Q	I	T	
A	X	T	D	R	M	M	W	K	L	A	R	
R	E	C	O	V	E	R	Y	E	O	A	A	
T	C	O	M	I	E	E	N	C	E	O	E	
S	L	E	E	P	O	M	R	D	C	R	H	
C	M	D	I	C	P	A	T	I	E	N	T	
L	F	I	B	I	R	I	A	I	K	T	D	
E	X	E	R	C	I	S	E	O	A	I	O	
A	N	U	I	R	S	A	C	R	B	I	C	
N	I	T	R	S	Y	E	I	O	N	T	T	
L	N	E	F	C	N	E	W	L	L	H	O	
I	V	I	T	A	C	I	N	E	P	A	R	
N	S	E	R	W	E	L	L	N	E	S	S	

Social News

Christmas celebration at Yenepoya Specialty Hospital



In the spirit of joy and gratitude, Yenepoya Specialty Hospital recently hosted a heartwarming Christmas celebration at its conference hall, bringing together staff members from all departments for an evening of fun, camaraderie, and holiday cheer. The event was organized as a special token of appreciation for the tireless dedication of the hospital staff throughout the year.

The celebration began with an enthusiastic welcome, followed by a series of exciting games that encouraged team spirit and laughter. From competitive quizzes to team-building activities, the games provided an opportunity for employees to bond outside the workplace.

The highlight of the evening was the cultural program, which featured an array of performances showcasing the talents of the hospital staff. From melodious carols to lively dances, the program brought festive warmth and added to the joyful atmosphere of the event.

Adding a touch of magic to the celebration, Santa Claus made a surprise appearance, delighting everyone by distributing chocolates and spreading festive joy. His cheerful presence reminded all attendees of the season's true spirit of giving and togetherness.

The event was not only a celebration of the Christmas season but also a moment to recognize and appreciate the hard work and commitment of the hospital's team. The Christmas party served as a reminder of the importance of fostering a positive and supportive work environment, where staff can relax, celebrate, and connect with one another in a festive setting.

As the evening drew to a close, staff left with smiles on their faces, feeling valued and united. Yenepoya Specialty Hospital plans to make this annual tradition a cornerstone of its employee engagement efforts, ensuring that the spirit of celebration and teamwork continues to thrive year after year.

Enhancing Patient Experience with Online Service Request App at Yenepoya Specialty Hospital

In an effort to streamline hospital operations and improve patient convenience, Yenepoya Specialty Hospital has introduced a cutting-edge service request system through an online app. Patients can now effortlessly raise requests for services like maintenance, housekeeping, IT support, or even food orders by simply scanning a QR code displayed in their respective wards.

Upon scanning the code, patients are redirected to an easy-to-navigate page listing all hospital departments, allowing them to select and submit their specific requests in real-time. The requests are instantly notified to the respective department, ensuring a swift and efficient response. This digital transformation not only enhances patient satisfaction

but also optimizes hospital resource management, making healthcare services more responsive and accessible.





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